



LOCATION

DWU / Avera Sports & Wellness Center
500 W Norway Ave.
Mitchell SD 57301

GENERAL RULES

Current AAU Scoring will Apply with 15 Point Tech Fouls for Individual Tournament and Duals. There is no minimum rest between matches or maximum number of matches in a day. The following crying rule will be enforced: if a child cries out in pain (where a referee would normally stop a match for injury time) while on their back, the match will be stopped with the child on top declared winner by fall. Skin checks & fingernails will be enforced by referees.

REGISTRATION

INDIVIDUAL \$55 through Oct 26 / \$65 through Oct 31 / \$75 On-site [Individual Entries Are On Track Wrestling](#)
DUALS \$400/team [Dual Entries To Be Sent To 605-682-9830 and Paid To Venmo Link](#)

BRACKETS

INDIVIDUAL Wrestle back to true 2nd.
8 Man Brackets - 8 Closest Weights Will Make Bracket
Wrestlers may Double Bracket - [BUT NOT IN SAME AGE DIVISION](#)
Brackets will be running rapid fire style. Bouts will be assigned based on the next available mat.

DUALS 3 Divisions: Girls (K-8th) - All Star Boys (K - 8th) - Hometown Boys (K - 8th)
Limited To 5 Teams Per Division
Round Robin Dual Tournament - 4 Matches
Tie break: Track Default Criteria

DUAL WEIGHTS

Girls: 45 - 50 - 55 - 60 - 65 - 70 - 77 - 84 - 91 - 98 - 105 - 115 - 125 - 135 - 150
Boys: 45 - 50 - 55 - 60 - 65 - 70 - 77 - 84 - 91 - 98 - 105 - 115 - 125 - 135 - 150

2 alternates allowed (17 team members, 2 coaches, 1 table worker)
Wrestlers are limited to wrestling up ONE weight class

SCHEDULE

WEIGH INS:

Friday	10/31/2025	Early Individual and Duals (\$25)	12:00 pm - 2:00 pm
Friday	10/31/2025	General Individual and Duals	5:00 pm - 8:00 pm
Saturday	11/01/2025	Individual and Duals	6:30 am - 8:00 am
<u>Saturday Morning Weight Ins Will Close At 8:00 am NO EXCEPTIONS</u>			
Sunday	11/02/2025	***DUALS ONLY***	7:00 am - 8:00 am

There Is No Weight Allowances

SATURDAY INDIVIDUAL - 11/01/2025

Doors Open 6:00 am

SESSION 01:
Girls: 6U - 10U - 14U
Boys: 6U - 10U - 14U

Session 01 Begins 9:00 am

SESSION 02:
Girls: 8U - 12U - High School
Boys: 8U - 12U - High School

Session 02 Begins IMMEDIATELY FOLLOWING SESSION 1

SUNDAY DUALS - 11/02/2025

Doors Open 6:00 am
Wrestling Begins 9:00 am

AWARDS

Individual: Singlets & Custom Medals for 1st
Custom Medals For 2nd - 3rd Place
Poker Chips for 4th - 8th Place
Outstanding Wrestler Award - Undefeated Champion most pins least amount of time each division.

Duals: Team Award For Championship Team & Runner Up Team
Poker chips for 1st - 5th Place Team Members
Poker Chip For Undefeated Dual Wrestlers

We will try to accommodate everyone the best we can to make this an absolutely great experience for everyone! Let's make this a great event and remember it's for the kids!!!

Concessions Provide - No Coolers allowed

Bring Lawn Chairs seating Is Limited But Plenty Of Space To Camp Out!!!

Questions or comments feel free to call: JD Heinrich @ 605-682-9830